

# My discussion guide

If you or the person you care for is experiencing Parkinson's disease hallucinations or delusions, it may be helpful to write down your answers to these questions and share them with your doctor at your next visit.

## WHAT YOU SEE, HEAR, SENSE, EXPERIENCE, OR BELIEVE

1. Have you seen, heard, or sensed things, such as people, animals, or objects that were not actually there (hallucinations)? If so, how frequently?
2. Have you had any beliefs or fears about your loved ones stealing from you, putting you in harm's way, or being unfaithful? (Perhaps a spouse, caregiver, or friend?)
3. Are you able to recognize that the experiences you shared (above) are not real?

## HOW YOU'RE AFFECTED

4. How upset are you about these hallucinations or delusions?
5. How upset or concerned is your family about these hallucinations or delusions? For those who don't know about them, how upset do you think they would be?
6. What concerns about experiencing hallucinations or delusions do you have?
7. What questions do you have about the impact of hallucinations and delusions?
8. Have you shared any of these experiences with loved ones or a healthcare provider?