## My discussion guide

If you or the person you care for is experiencing Parkinson's disease-related hallucinations or delusions, it may be helpful to write down your answers to these questions and share them with your doctor at your next visit.

## WHAT YOU SEE, HEAR, SENSE, EXPERIENCE, OR BELIEVE

- 1. Have you seen, heard, or sensed things, such as people, animals, or objects that were not actually there (hallucinations)? If so, how frequently?
- 2. Have you had any beliefs or fears about your loved ones stealing from you, putting you in harm's way, or being unfaithful? (Perhaps a spouse, caregiver, or friend?)
- **3**. Has your daily routine changed as a result of experiencing hallucinations or delusions?

## **HOW YOU'RE AFFECTED**

- 4. How upset are you about these hallucinations or delusions?
- 5. How upset or concerned is your family about these hallucinations or delusions? For those who don't know about them, how upset do you think they would be?
- **6**. What concerns about experiencing hallucinations or delusions do you have?
- **7**. What questions do you have about the impact of hallucinations and delusions?
- **8**. Have you shared any of these experiences with loved ones or a healthcare provider?